



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu August 2022

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--|---|---|---|---|----------|
| | 1 Chili Mac Veggies Biscuit Dessert | 2 Tamales Pinto Beans Spanish Rice Dessert | 3 Beef Tips Rice Veggies Dessert | 4 Cheese Manicotti Veggies Garlic Bread Dessert | 5 Cobb Salad Beets & Crackers Soup Dessert | |
| | 8 Chicken Cordon Bleu Brown Rice Veggies Dessert | 9 Enchiladas Spanish Rice Pinto Beans Dessert | 10 Grilled Pork Chops Scalloped Potatoes Veggies Dessert | 11 Parmesan Chicken Veggies Roll Dessert | 12 Cheeseburger French Fries Veggies Dessert | |
| | 15 Pot Roast Mashed Potatoes Veggies Dessert | 16 Taco Tuesday Spanish Rice Pinto Beans Dessert | 17 Teriyaki Chicken Egg Roll Veggies Dessert | 18 Cajun Pork Chops Rice Broccoli Dessert | 19 Beef Stew Cornbread Veggies Dessert | |
| | 22 Salisbury Steak Mashed Potatoes Veggies Dessert | 23 Carne Asada Taco Rice & Beans Dessert | 24 Herb Chicken Rice Veggies Dessert | 25 Meatloaf Mashed Potatoes Veggies Salad Dessert | 26 Ray's Fish Fry Macaroni & Cheese Coleslaw Dessert | |
| | 29 Beef Stroganoff Egg Noodles Veggies Dinner Roll Dessert | 30 Chimichangas Spanish Rice Veggies Dessert | 31 Fried Chicken Mashed Potatoes Veggies Dessert | | | |

*Menu subject to change
<http://www.palatribe.com/residents/seniors-program/>