



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu February 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Cashew Chicken White Rice Egg Roll Veggies Dessert	2 Chile Side French Fries Veggies Salad Dessert	3 Pepperoni Pizza Chicken Wings Veggies Salad Dessert	
	6 Pepper Steak Veggies Dinner Roll Dessert	7 Taco Tuesday Spanish Rice Pinto Beans Dessert	8 Shepherd's Pie Veggies Dinner Roll Dessert	9 Killer Crack Chicken Mashed Potatoes Veggies Dessert	10 Beef Stew Cornbread Veggies Dessert	
	13 Mushroom Chicken Mashed Potatoes Veggies Dessert	14 Valentine's Day Luncheon Admin Building 11:00 A.M.	15 Beef & Broccoli Steamed Rice Oriental Veggies Egg Roll Dessert	16 Pork Chops Scalloped Potatoes Veggies Dessert	17 Loaded Nachos Chili Cheese Dessert	
	20 KITCHEN CLOSED PRESIDENTS' DAY	21 Beef & Bean Burrito Spanish Rice Veggies Dessert	22 Stuffed Shells Hawaiian Roll Veggies Dessert	23 Baked Chicken Brown Rice Veggies Dessert	24 Friday Fish Fry Mac & Cheese Veggies Coleslaw Dessert	
	27 Spaghetti Garlic Bread Veggies Dessert	28 Enchiladas Spanish Rice Pinto Beans Dessert				

*Menu subject to change
<http://www.palatribe.com/residents/seniors-program/>