



## Pala Seniors Lunch Menu March 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b> Chunky Creamy Chicken Soup Vegetables Crackers Fruit	<b>2</b> Stuffed Cabbage Vegetables Biscuits Salad	<b>3</b> Egg Salad Sandwich Lettuce & Tomato Cookies	
	<b>6</b> Parmesan Chicken Vegetables Salad	<b>7</b> Taco Tuesday Spanish Rice Pinto Beans Fruit	<b>8</b> Beef Stir-Fry Rice Egg Roll Vegetables	<b>9</b> Turkey Meatballs Egg Noodles Vegetables Roll, Salad	<b>10</b> Cheese Lasagna Vegetables Roll Cake	
	<b>13</b> Salisbury Steak Mashed Potatoes Vegetables Salad	<b>14</b> Tamale Pie Spanish Rice Vegetables Fruit	<b>15</b> Hawaiian Chicken Thighs Vegetables Salad	<b>16</b> Saint Patrick's Day Luncheon 11: 00 a.m. Admin Building	<b>17</b> Fettucine with Creamy Sauce Vegetables Garlic Bread Salad	
	<b>20</b> Grilled Steak Green Beans Roasted Potatoes Salad	<b>21</b> Taco Salad Spanish Rice Pinto Beans Fruit	<b>22</b> Fried Chicken Mashed Potatoes Vegetables Salad	<b>23</b> Vietnamese Pork Chop Stuffing Green Beans Apple Sauce	<b>24</b> Chile Relleno Spanish Rice Vegetables Pudding	
	<b>27</b> Spaghetti Garlic Bread Vegetables Salad	<b>28</b> Chimichanga Spanish Rice Vegetables Fruit	<b>29</b> Pork Tenderloin Scallop Potatoes Vegetables Salad	<b>30</b> Herbed Chicken Marsala Rice Vegetables	<b>31</b> Tuna Sandwich Lettuce & Tomato Cookies	