



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu September 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1 Ham Sandwich Potato Salad Lettuce & Tomato Soup Dessert	
	4 KITCHEN CLOSED LABOR DAY HOLIDAY	5 Taco Salad Spanish Rice Pinto Beans Dessert	6 Sweet & Sour Chicken Egg Roll Vegetables Dessert	7 Breaded Pork Chops Brown Rice Vegetables	8 Sloppy Joes Vegetables Soup Dessert	
	11 Salisbury Steak Mashed Potatoes Vegetables Dessert	12 Chimichangas Spanish Rice Vegetables Dessert	13 Meatloaf Mashed Potatoes Vegetables Dessert	14 Killer Crack Chicken Red Potatoes Vegetables	15 Fish Sandwich French Fries Coleslaw Soup Dessert	
	18 Pork Chops Mushroom Gravy Stuffing Vegetables Dessert	19 Taco Tuesday Pinto Beans Spanish Rice Dessert	20 Beef & Broccoli Rice Egg Roll Vegetables Dessert	21 Chicken Pot Pie Whole Corn Vegetables Dessert	22 KITCHEN CLOSED NATIVE AMERICAN DAY	
	25 Spaghetti Garlic Bread Vegetables Dessert	26 Tamales Spanish Rice Vegetables Dessert	27 Fried Chicken Mashed Potatoes Vegetables Dessert	28 Cheeseburgers French Fries Dessert	29 Cobb Salad Crackers Soup Dessert	

*Menu subject to change
<http://www.palatribe.com/residents/seniors-program/>