



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu July 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
		1 Beef Burritos Spanish Rice Pinto Beans Dessert	2 Breaded Pork Chops Scallop Potatoes Vegetables	3 Turkey Meatballs Egg Noodles Vegetables Roll	4 KITCHEN CLOSED FOR INDEPENDENCE DAY	
	7 Beef Stroganoff Egg Noodles Garlic Bread Vegetables	8 Chicken Tacos Vegetables Refried Beans Dessert	9 Chili Size Seasoned Fries Vegetables Dessert	10 Beef Tips Mashed Potatoes Vegetables Dessert	11 Pork Sandwich Macaroni Salad Lettuce & Tomatoes	
	14 Salisbury Steak Mashed Potatoes Vegetables Dessert	15 Chili Rellenos Spanish Rice Vegetables Dessert	16 Shepherd's Pie Vegetables Roll Dessert	17 Fried Chicken Steak Fries Vegetables Dessert	18 Hot Dogs Chili Cheese Chips Dessert	
	21 Spaghetti Garlic Bread Vegetables Dessert	22 Carne Asada Tacos Lime & Cilantro Rice Vegetables	23 Sweet & Sour Chicken Rice, Egg Roll Vegetables Dessert	24 Chili Mac Vegetables Biscuit Dessert	25 Club Sandwich Lettuce & Tomato Pasta Salad Dessert	
	28 Meatloaf Mashed Potatoes Vegetables Dessert	29 Taco Salad Spanish Rice Pinto Beans Dessert	30 Beef & Broccoli White Rice Egg Roll Vegetables	31 BBQ Hamburger French Fries Dessert		

*Menu subject to change. Soup is dine-in only.
<http://www.palatribe.com/residents/seniors-program/>