



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu October 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
			1 Hamburger Steak Mushroom Gravy Vegetables Dessert	2 Killer Crack Chicken Red Potatoes Vegetables	3 Ham Sandwich Potato Salad Lettuce & Tomato Dessert	
	6 Beef & Pepper Skillet Vegetables Roll Dessert	7 Taco Tuesday Spanish Rice Pinto Beans Dessert	8 Hawaiian Baked Chicken Rice Vegetables Dessert	9 Grilled Pork Chops Mashed Potatoes Vegetables	10 Beef Sliders French Fries Vegetables Dessert	
	13 Roasted Turkey Gravy Roll Vegetables Dessert	14 Taco Salad Pinto Beans Spanish Rice Dessert	15 Pork Chop Gravy Scallop Potatoes Roll Dessert	16 Meatloaf Mashed Potatoes Vegetables Dessert	17 Baked Caesar Chicken Vegetables Roll Dessert	
	20 Chicken Alfredo Egg Noodles Vegetables Roll Dessert	21 Carnitas Taco Refried Beans Rice Vegetables Dessert	22 Nachos Chili Cheese Dessert	23 Chicken Pot Pie Vegetables Biscuit Dessert	24 Polish Sausage Chili Cheese Dessert	
	27 Spaghetti Garlic Bread Vegetables Dessert	28 Tamales Spanish Rice Pinto Beans Dessert	29 Fried Chicken Mashed Potatoes Vegetables Dessert	30 Hot Dogs French Fries Chips Dessert	31 Seniors Halloween Luncheon 11 a.m. Admin Building Pala Seniors Only	

*Menu subject to change. Soup is dine-in only.
<http://www.palatribes.com/residents/seniors-program/>