



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu September 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	1 Labor Day KITCHEN CLOSED	2 Tamales Spanish Rice Refried Beans Dessert	3 Cajun Pork Chops Rice Vegetables	4 Rotini Primavera Rolls Vegetables Dessert	5 Sloppy Joes Vegetables Chips Dessert	
	8 Beef Stroganoff Egg Noodles Garlic Bread Vegetables	9 Beef Enchiladas Spanish Rice Pinto Beans Dessert	10 Mushroom Pork Chops Vegetables Dessert	11 Tuna Casserole Biscuit Vegetables Dessert	12 Chicken Tenders French Fries Dessert	
	15 Salisbury Steak Mashed Potatoes Vegetables Dessert	16 Taco Tuesday Spanish Rice Vegetables Dessert	17 Shepherd's Pie Vegetables Roll Dessert	18 Fried Chicken Steak Fries Vegetables Dessert	19 Pizza Chicken Wings Dessert	
	22 Spaghetti Garlic Bread Vegetables Dessert	23 Chimichangas Rice Vegetables Dessert	24 Orange Chicken Rice Egg Roll Vegetables Dessert	25 Pork Loin w/Gravy Brown Rice Vegetables Dessert	26 California Native American Day KITCHEN CLOSED	
	29 Pork Chops Mashed Potatoes Vegetables Dessert	30 Taco Salad Spanish Rice Pinto Beans Dessert				

*Menu subject to change. Soup is dine-in only.
<http://www.palatribe.com/residents/seniors-program/>