



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu January 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 KITCHEN CLOSED Happy New Year!	2 Tuna Sandwich Lettuce & Tomatoes Chips Dessert	
	5 Chili Beans Corn Bread Vegetables Dessert	6 Taco Tuesday Spanish Rice Pinto Beans Dessert	7 Killer Crack Chicken Red Potatoes Vegetables	8 BBQ Chicken Baked Beans Vegetables Dessert	9 Egg Salad Sandwich Lettuce & Tomatoes Chips Dessert	
	12 Country Fried Steak Red Potatoes Vegetables Dessert	13 Taco Salad Tacos Pinto Beans Rice Dessert	14 Breaded Pork Chops Scallop Potatoes Vegetables Dessert	15 Lasagna Garlic Bread Vegetables Dessert	16 Deep Fried Cod Macaroni & Cheese French Fries Dessert	
	19 Stuffed Cabbage Cornbread Vegetables Dessert	20 Chimichangas Spanish Rice Vegetables Dessert	21 Baked Chicken Mashed Potatoes Vegetables Dessert	22 Grilled Pork Chops Stuffing Vegetables Dessert	23 Chef Salad Croutons Crackers Dessert	
	26 Seniors' Brunch Luncheon 11 AM Admin Building Pala Seniors Only	27 Chili Rellenos Pinto Beans Spanish Rice Vegetables Dessert	28 Meatloaf Mashed Potatoes Vegetables Dessert	29 Rosemary Chicken Mashed Potatoes Vegetables Dessert	30 Cheeseburgers French Fries Dessert	

*Menu subject to change. Soup is dine-in only.
<http://www.palatribes.com/residents/seniors-program/>