



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu March 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2 Beef & Pepper Skillet Vegetables Roll Dessert	3 Beef Tamales Spanish Rice Pinto Beans Dessert	4 Hawaiian Chicken Rice Vegetables Roll Dessert	5 Cheeseburgers French Fries Dessert	6 Egg Sandwich Lettuce & Tomato Chips Dessert	
	9 Beef Stroganoff Egg Noodles Vegetables Roll Dessert	10 Taco Tuesday Pinto Beans Spanish Rice Dessert	11 Sweet & Sour Chicken Egg Roll Vegetables Dessert	12 Grilled Pork Chops Stuffing Vegetables Dessert	13 Nachos Chili & Cheese Jalapeños Dessert	
	16 Hamburger Hash Vegetables Roll Dessert	17 Leprechaun Luncheon 11 am Pala Admin Pala Seniors Only	18 Pasta w/Alfredo Garlic Bread Vegetables Dessert	19 Baked Chicken Rice Pilaf Vegetables Dessert	20 Tuna Noodle Casserole Vegetables Roll Dessert	
	23 Mushroom Chicken Brown Rice Vegetables Dessert	24 Taco Salad Pinto Beans Spanish Rice Dessert	25 BBQ Chicken Baked Beans Vegetables Dessert	26 Spaghetti Garlic Bread Vegetables Dessert	27 Cracker-Crusted Cod Vegetables French Fries Dessert	
	30 Beef Stew Cornbread Vegetables Dessert	31 Beef & Bean Burritos Spanish Rice Vegetables Dessert				

*Menu subject to change. Soup is dine-in only.
<http://www.palatribe.com/residents/seniors-program/>