



Pala Seniors Lunch Menu June 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 Chicken Cordon Bleu Brown Rice Vegetables Dessert	2 Chicken Fajitas Flour Tortillas Vegetables Dessert	3 Orange Chicken Rice Egg Roll Vegetables Dessert	4 Chili Mac Chuckwagon Corn Roll Dessert	5 Sloppy Joes French Fries Dessert	
	8 Chicken Parmesan Broccoli Roll Dessert	9 Taco Tuesday Spanish Rice Vegetables Dessert	10 Pepper Steak Brown Rice Vegetables Dessert	11 Baked Chicken Mashed Potatoes Vegetables Dessert	12 Tuna Sandwich Lettuce, Tomato, Pickle Dessert	
	15 Hamburger French Fries Vegetables Dessert	16 MOTHER/FATHER'S DAY LUNCHEON PALA SENIORS ONLY SPORTS PARK	17 BBQ Chicken Baked Beans Vegetables Dessert	18 Pork Chops Stuffing Scallop Potatoes Dessert	19 Hot Dogs Mixed Vegetables Baked Beans Dessert	
	22 Beef & Broccoli Brown Rice Oriental Vegetables Fortune Cookie	23 Chili Relleno Refried Beans Vegetables *ICE CREAM DAY*	24 Spaghetti Vegetables Garlic Bread Dessert	25 Hamburger Stroganoff Noodles Veggies Roll Dessert	26 Pizza Pocket Fries Salad Dessert	
	29 Chicken Kabobs Rice Vegetables Roll Dessert	30 Taco Tuesday Spanish Rice Pinto Beans Dessert				

*Menu subject to change. Soup is dine-in only.
<http://www.palatribe.com/residents/seniors-program/>