



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu July 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 Baked Chicken Mashed Potatoes Vegetables Dessert	2 Croissant Sandwich Macaroni Salad Lettuce & Tomato Fruit Cocktail	3 CLOSED IN OBSERVANCE OF INDEPENDENCE DAY	
	6 Chili Sides Vegetables Biscuits	7 Taquitos Spanish Rice Pinto Beans Dessert	8 Turkey Breast Stuffing & Gravy Peas & Carrots Salad Pudding	9 Chili Beans Corn Bread Dessert	10 Chef Salad Beets Crackers Fresh Fruit	
	13 Spaghetti Garlic Bread Vegetables Fig Newton	14 Taco Salad Pinto Beans Lettuce & Tomato Jell-O	15 Breaded Pork Chops Asparagus Wheat Roll Salad Applesauce	16 BBQ Ribs Baked Beans Roll Fresh Fruit	17 Tuna Sandwich Lettuce & Tomato Fresh Fruit	
	20 Beef Tips/Garlic Egg Noodles Vegetables Dessert	21 Carne Asada Tacos Spanish Rice Zucchini & Tomato Cookies Salad	22 Hot Dogs French Fries Chili Dessert	23 Meatloaf Mashed Potatoes Mixed Vegetables Dessert	24 Oriental Chicken Salad Soup Dessert	
	27 Pala Chicken Mashed Potatoes Creamed Corn Coleslaw Cake	28 Taco Tuesday Spanish Rice Lettuce & Tomato Jell-O	29 Beef Cabbage Rolls Mixed Vegetables Roll Cookie	30 Hawaiian Pork Chop Brown Rice Vegetables Applesauce	31 Sloppy Joes Broccoli French Fries Fresh Fruit	

*Menu subject to change. Soup is dine-in only.
<http://www.palatribe.com/residents/seniors-program/>