



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu August 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	3 Stuffed Bell Peppers Biscuit Vegetables	4 Carnitas Taco Refried Beans Rice Vegetables	5 BBQ Chicken Mac & Cheese Vegetables Dessert	6 Bulgogi White Rice Egg Roll Vegetables	7 Chicken Sandwich Potato Salad Lettuce & Tomato Dessert	
	10 Chicken Alfredo Egg Noodles Vegetables Roll Dessert	11 Taco Tuesday Spanish Rice Pinto Beans Dessert	12 Lasagna Garlic Bread Vegetables Dessert	13 Grilled Pork Chops Mashed Potatoes Vegetables	14 Beef Slides French Fries Vegetables Dessert	
	17 Hamburger Steak Mushroom Gravy Vegetables Dessert	18 Taco Salad Pinto Beans Spanish Rice Dessert	19 Pork Chop Gravy Scallop Potatoes Roll Dessert	20 Killer Crack Chicken Red Potatoes Vegetables	21 Egg Salad Sandwich Lettuce & Tomato Dessert	
	24 Country Fried Steak Potatoes Vegetables	25 Chimichangas Spanish Rice Pinto Beans Dessert	26 Breaded Pork Chops Roll Vegetables	27 Chicken Pot Pie Vegetables Biscuit Dessert	28 Club Sandwich Macaroni Salad Chips Dessert	
	31 Grilled Steak Baked Potatoes Vegetables Dessert					

*Menu subject to change. Soup is dine-in only.
<http://www.palatribes.com/residents/seniors-program/>