



PALA SENIORS PROGRAM
 PALA BAND OF MISSION INDIANS
 PMB 50, 35008 Pala Temecula Road
 Pala, CA 92059
 Phone 760-891-3505 | Fax 760-742-4520

Pala Seniors Lunch Menu October 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 Breaded Pork Chop Stuffing Vegetables Dessert	2 Chili Beans Biscuits Vegetables Dessert	
	5 Country Fried Steak Baked Potatoes Vegetables	6 Chicken Fajitas Flour Tortilla Spanish Rice Dessert	7 Chinese Beef & Green Beans Rice Egg Roll Vegetables	8 Spaghetti Garlic Bread Vegetables Dessert	9 Turkey Sandwich Potato Salad Chips Dessert	
	12 Chicken Cordon Bleu Rice Vegetables Dessert	13 Taco Tuesday Pinto Beans Spanish Rice Dessert	14 BBQ Pork Ribs Baked Beans Vegetables Dessert	15 Italian Lemon Chicken Rice Vegetables	16 Hot Dogs Chili & Cheese Chips Dessert	
	19 Steak Bites w/Cream Sauce Potatoes Vegetables Dessert	20 Taco Salad Spanish Rice Pinto Beans Dessert	21 Herb & Butter Chicken Brown Rice Vegetables Dessert	22 Shepherd's Pie Vegetables Roll Dessert	23 Fried Chicken Mashed Potatoes Vegetables Dessert	
	26 Salisbury Steak Mashed Potatoes Vegetables Roll Dessert	27 Chili Relleno Spanish Rice Vegetables Dessert	28 Meatloaf Mashed Potatoes Vegetables Dessert	29 Pala Seniors Halloween Lunch 11:00 AM Admin Building Pala Seniors Only	30 Grilled Pork Chops Vegetables French Fries Dessert	

*Menu subject to change. Soup is dine-in only.
<http://www.palatribe.com/residents/seniors-program/>